

# Beach Packing Checklist

## CLOTHING & ACCESSORIES

- BATHING SUIT
- FLIP FLOPS
- SUNGLASSES
- TOTE BAG
- SUN HAT
- COVER-UP
- CHANGE OF CLOTHES

## ENTERTAINMENT

- MAGAZINE, BOOK, ETC.
- SPEAKER OR HEADPHONES
- DECK OF CARDS
- FRISBEE/BALL
- SAND TOYS
- FLOATIES/LIFEJACKET
- BOOGIEBOARD/SURFBOARD
- SNORKEL GEAR/GOGGLES

## FIRST AID

- BANDAGES
- ANTIBIOTIC OINTMENT
- IBUPROFEN/ACETAMINOPHEN
- ANTIHISTAMINE

## BEACH GEAR

- BEACH CHAIR
- UMBRELLA
- TOWEL

## FOOD & DRINKS

- WATER, SODA, SPORTS DRINK, ETC.
- CRACKERS, CHIPS, FRUIT, ETC.
- WATER BOTTLE
- DRINK KOOZIE
- COOLER WITH ICE

## TOILETRIES

- SUNSCREEN
- BABY POWDER
- ALOE VERA
- DEODORANT
- HAND SANITIZER
- WIPES
- HAIRBRUSH

## EXTRAS

- CASH OR CREDIT CARD
- BAG FOR WET CLOTHES